



# **FC BELTON PARENTS RULES AND** **GUIDELINES**



## ***Playing Rules***

- 1) All games will abide by the United States Youth Soccer Association Guidelines along with IFAB laws. FC Belton reserves the option to add/drop rules where we see a need. The rules, as set forth in this outline, shall be strictly adhered to and supersede rules from all other sources in the specific areas with which they are concerned.

### **Divisions:**

#### **U3**

1. Please encourage and cheer on your children and their teammates. Help them to have fun and allow your children's coach to coach them.
2. If a coach or parent has an issue with the referee, you are to find the U3 Director, the Referee Coordinator, the Coaching Coordinator, the Executive Director, the Vice President, or the President, in that order, between quarters or at the half so that we can address the issue. The referee is a youth referee and has been instructed to let play go as long as it is safe to continue to play. **DO NOT BELITTLE THE REFEREE OR ARGUE WITH THEM OR YOU WILL BE REMOVED IMMEDIATELY AND SUSPENDED FOR A MINIMUM OF 1 WEEK!**
3. If a referee has an issue with a coach or parent, they are to card the coach and immediately let the board members know the situation so that the board can speak with the coach or parent.
4. If there is any interference from a parent with the coach or the referee before, during, or after the game, the parent will be ejected from the game. If the parent does not adhere to the ejection and immediately leave, that team will automatically forfeit the game and the parent will be suspended for the following game.
5. No score will be kept, but referees will keep record of the game.
6. Ball size 3
7. Goals are 4' x 5'
8. Field size 60' x 90'

#### **U5**

1. Please encourage and cheer on your children and their teammates. Help them to have fun and allow your children's coach to coach them.

2. If a coach or parent has an issue with the referee, you are to find the U5 Director, the Referee Coordinator, the Coaching Coordinator, the Executive Director, the Vice President, or the President, in that order, between quarters or at the half so that we can address the issue. The referee is a youth referee and has been instructed to let play go as long as it is safe to continue to play. DO NOT BELITTLE THE REFEREE OR ARGUE WITH THEM OR YOU WILL BE REMOVED IMMEDIATELY AND SUSPENDED FOR A MINIMUM OF 1 WEEK!
3. If a referee has an issue with a coach or parent, they are to card the coach and immediately let the board members know the situation so that the board can speak with the coach or parent.
4. If there is any interference from a parent with the coach or the referee before, during, or after the game, the parent will be ejected from the game. If the parent does not adhere to the ejection and immediately leave, that team will automatically forfeit the game and the parent will be suspended for the following game.
5. No score will be kept, but referees will keep record of the game.
6. Ball size 3
7. Goals size 4' x 5'
8. Field size 60' x 90'
9. No parents allowed on the field at any time!

## **U7**

1. Please encourage and cheer on your children and their teammates. Help them to have fun and allow your children's coach to coach them.
2. If a coach or parent has an issue with the referee, you are to find the U7 Director, the Referee Coordinator, the Coaching Coordinator, the Executive Director, the Vice President, or the President, in that order, between quarters or at the half so that we can address the issue. The referee is a youth referee and has been instructed to let play go as long as it is safe to continue to play. DO NOT BELITTLE THE REFEREE OR ARGUE WITH THEM OR YOU WILL BE REMOVED IMMEDIATELY AND SUSPENDED FOR A MINIMUM OF 1 WEEK!
3. If a referee has an issue with a coach or parent, they are to card the coach and immediately let the board members know the situation so that the board can speak with the coach or parent.
4. If there is any interference from a parent with the coach or the referee before, during, or after the game, the parent will be ejected from the game. If the parent does not adhere to the ejection and immediately leave, that team will automatically forfeit the game and the parent will be suspended for the following game.
5. No score will be kept, but referees will keep record of game.
6. Ball size 3
7. Goals are 4' x 5'
8. Field size 60' x 90'
9. No parents allowed on the field at any time!

## **U9**

1. Please encourage and cheer on your children and their teammates. Help them to have fun and allow your children's coach to coach them.

2. If a coach or parent has an issue with the referee, you are to find the U9 Director, the Referee Coordinator, the Coaching Coordinator, the Executive Director, the Vice President, or the President, in that order, between quarters or at the half so that we can address the issue. The referee is a youth referee and has been instructed to let play go as long as it is safe to continue to play. DO NOT BELITTLE THE REFEREE OR ARGUE WITH THEM OR YOU WILL BE REMOVED IMMEDIATELY AND SUSPENDED FOR A MINIMUM OF 1 WEEK!
3. If a referee has an issue with a coach or parent, they are to card the coach and immediately let the board members know the situation so that the board can speak with the coach or parent.
4. If there is any interference from a parent with the coach or the referee before, during, or after the game, the parent will be ejected from the game. If the parent does not adhere to the ejection and immediately leave, that team will automatically forfeit the game and the parent will be suspended for the following game.
5. Players will be competing for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place trophies.
6. Ball size 4
7. Goals are 6' x 12'
8. Field size 105' x 150'
9. Games will not end in ties-penalty kicks will be conducted for any tie breakers.

#### **U11**

1. Please encourage and cheer on your children and their teammates. Help them to have fun and allow your children's coach to coach them.
2. If a coach or parent has an issue with the referee, you are to find the U11 Director, the Referee Coordinator, the Coaching Coordinator, the Executive Director, the Vice President, or the President, in that order, between quarters or at the half so that we can address the issue. DO NOT BELITTLE THE REFEREE OR ARGUE WITH THEM OR YOU WILL BE REMOVED IMMEDIATELY AND SUSPENDED FOR A MINIMUM OF 1 WEEK!
3. If a referee has an issue with a coach or parent, they are to card the coach and immediately let the board members know the situation so that the board can speak with the coach or parent.
4. If there is any interference from a parent with the coach or the referee before, during, or after the game, the parent will be ejected from the game. If the parent does not adhere to the ejection and immediately leave, that team will automatically forfeit the game and the parent will be suspended for the following game.
5. Players will be competing for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place trophies.
6. Ball size 4
7. Goals are 6' x 12'
8. Field size 135' x 180'
9. Games will not end in ties-penalty kicks will be conducted for any tie breakers.

#### **U13**

1. Please encourage and cheer on your children and their teammates. Help them to have fun and allow your children's coach to coach them.

2. If a coach or parent has an issue with the referee, you are to find the U13 Director, the Referee Coordinator, the Coaching Coordinator, the Executive Director, the Vice President, or the President, in that order, between quarters or at the half so that we can address the issue. DO NOT BELITTLE THE REFEREE OR ARGUE WITH THEM OR YOU WILL BE REMOVED IMMEDIATELY AND SUSPENDED FOR A MINIMUM OF 1 WEEK!
3. If a referee has an issue with a coach or parent, they are to card the coach and immediately let the board members know the situation so that the board can speak with the coach or parent.
4. If there is any interference from a parent with the coach or the referee before, during, or after the game, the parent will be ejected from the game. If the parent does not adhere to the ejection and immediately leave, that team will automatically forfeit the game and the parent will be suspended for the following game.
5. Players will be competing for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place trophies.
6. Ball size 5
7. Field size 165 x 220'
8. Games will not end in ties-penalty kicks will be conducted for any tie breakers.

## **U17**

1. Please encourage and cheer on your children and their teammates. Help them to have fun and allow your children's coach to coach them.
  2. If a coach or parent has an issue with the referee, you are to find the U17 Director, the Referee Coordinator, the Coaching Coordinator, the Executive Director, the Vice President, or the President, in that order, between quarters or at the half so that we can address the issue. DO NOT BELITTLE THE REFEREE OR ARGUE WITH THEM OR YOU WILL BE REMOVED IMMEDIATELY AND SUSPENDED FOR A MINIMUM OF 1 WEEK!
  3. If a referee has an issue with a coach or parent, they are to card the coach and immediately let the board members know the situation so that the board can speak with the coach or parent.
  4. If there is any interference from a parent with the coach or the referee before, during, or after the game, the parent will be ejected from the game. If the parent does not adhere to the ejection and immediately leave, that team will automatically forfeit the game and the parent will be suspended for the following game.
  5. Players will be competing for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place trophies.
  6. Ball size 5
  7. Field size 236' x 340'
  8. Games will not end in ties-penalty kicks will be conducted for any tie breakers.
- 2) There will be no spectating, sitting, standing, or congregating near any goal lines of any fields. This includes the U17 and U11 fields. There will be no one allowed near or under the Oak tree by the U11 fields. Watching from your vehicle is permitted but there will be no noise from the vehicle. You will be warned the 1st time, then a red card will be given to your team on the second offense. If a third offense occurs in the same game, the team that is associated with the person violating the rule will forfeit their game immediately.

- 3) Only coaches and players are allowed on the player sideline unless an injury has occurred, and the parent is attending to the player.
- 4) Slide tackling is not allowed in any division.
  - a) Definition of a Slide Tackle: A slide tackle is defined as a player going to the ground to take the ball from an opposing player. For the slide tackle rule to be enforced, **both a slide and tackle must occur**. (Only the Goalkeeper may slide tackle in the penalty area).
- 5) The clock will run continuously each game, stopping only at the intermission periods and for serious injuries requiring medical attention.
- 6) No player shall use the elbow or arms to push an opposing player. No player shall contact an opposing player with their hands and extend arms in a pushing motion. These are fouls and a free kick will be awarded.
- 7) Yellow cards and Red Cards:
  - a) The official has complete discretion in calling fouls and may choose to ignore minor infractions that will slow the game. The referee may issue a yellow card for the 1<sup>st</sup> offense of undue harassment by a player, coach, or parent resulting in an indirect free kick. A 2<sup>nd</sup> offense will result in a red card, immediate removal from the field, and suspension for a minimum of 1 week.
  - b) YELLOW CARD: warranted by a player or coach by violating the laws of the game or for misconduct. A Player must leave the field of play until the next dead ball stoppage of play. Every 2 yellow cards per player, coach, or parent equals 1 game suspension.
  - c) RED CARD: warranted by a player or coach by violating the laws of the game, misconduct, or multiple infractions. A player or coach must leave the field immediately for the remainder of that game and receives a 1 game suspension.
  - d) Foul and abusive language by player, parents, or coaches will result in an automatic red card and suspension for 1 week. If foul or abusive language continues, the player, parent, or coach will be suspended for the remainder of the season.
  - e) If a player leaves the field of play to engage in confrontation with anyone, that player will be suspended for the remainder of the season.
  - f) If a player, parent, or coach threatens another player, parent, or coach, a police report must be filed immediately. After the police investigate the situation, and if it is found to be true, the player, parent, or coach will be permanently banned from FC Belton.
  - g) If a fight occurs on the field, the instigating player will be suspended for the season, if the other player does not retaliate, they will only have to sit out the remainder of that game. If they retaliate, they will be suspended for a minimum of 1 game.
  - h) If a player or coach leaves the bench area to engage in a confrontation with anyone on or off the field, they will be suspended for a minimum of 2 games and possibly for the season. If a coach or player is trying to break up a fight and is going out to retrieve their player or teammate, to de-escalate the situation, then no consequences will be handed down to that coach or player.
  - i) Racial slurs will not be tolerated. If a player, parent, or coach uses a racial slur, they will be suspended for the remainder of the season after an investigation is completed on the incident.
  - j) If a player, parent, or coach threatens or uses foul or abusive language via email toward a member of the board, another player, another coach, or another parent, a police report will be filed and the player, parent, or coach will be banned from FC Belton.

- k) A suspended player, parent, or coach is to stay away from the fields for the length of their suspension. If a suspended individual is seen at the fields, their team will immediately forfeit their game.
  - l) If a parent, player, or coach confronts another parent, player, coach, or board member in the parking lot and threatens them, a police report will be filed, and the offending parent, player, or coach will be banned from FC Belton.
  - m) If a player, parent, or coach receives multiple red cards in a season, they will be subject to longer suspension or removal from the league
- 8) If a game ends in a tie in U9-U17, it will immediately go into a penalty kick shootout.
    - a) A Penalty kick shootout for will be shot from the penalty kick mark versus a goalkeeper only. Each team will get 5 players who are on the field at the end of game to attempt to score a goal, if still tied after the first 5 kicks, there will be another 5 players to attempt to score who were on the field at the end of the game. If it is still tied after this, it will go to sudden death shootout in which each team will get an additional shooter until one team makes it and the other team misses. The entire team must shoot prior to anyone shooting twice, then they may shoot again. Teams may be on the field on the side not being used for the penalty kicks. There will be no one behind the goal being used for penalty kicks.
  - 9) For the game to count, the minimum number of players on the field will be at least half of what it is supposed to be. i.e. 9v9 will have at least 5v9. If the team cannot come up with half, that team will forfeit, and a make-up game will not be given.
  - 10) Weather issues will be dealt with by the board immediately, and this could impact the length of the season.
  - 11) Only designated board members will be allowed to enter the scores of the games, if anyone who is not approved to enter scores puts in a score, that team will forfeit the game they entered.

## ***Playing Time***

1. An official game shall consist of:
  - U3-U5 Four (4) eight (8) minute quarters / 5 minute halftime
  - U7 Four (4) ten (10) minute quarters / 5 minute halftime
  - U9 Two (2) twenty (20) minute halves / 5 minute halftime
  - U11 Two (2) twenty-five (25) minute halves / 5 minute halftime
  - U13 Two (2) thirty (30) minute halves / 5 minute halftime
  - U17 Two (2) thirty-five (35) minute halves / 5 minute halftime
2. If a game is stopped due to weather or other causes which make further play unsafe or impossible, a game is considered complete if at least half of the game was played at the time of stoppage.
3. A team will be given 10 minutes to warm up prior to their game. If a team shows up late it will be at the discretion of the referee and the opposing team as to how much time will be given to warm up.

## ***Participation Rules for FC Belton***

1. Players must be present at, and participate in, at least half of the scheduled practices each week in order to play in the weekly game. The coach will determine, in good faith, the actual amount of play time each player receives based on their participation in practice that week. If there is a problem or concern with this, the coach and/or parent(s) will bring it to the attention of the division director and an official determination will be made collectively.

## ***Equipment & Uniforms***

1. All players on each team must wear the uniform provided by FC Belton.
2. All coaches are required to wear the coach's jersey provided by FC Belton.
3. All footwear and shin guards are the responsibility of the parents. Shoes with rubber or plastic cleats are recommended, but not required.
  - a. **No shoes having a metal toe cleat will be permitted.**
4. Shin guards and long socks are required for all **practices and games** to prevent lower leg injuries.
5. Players who wear any type of glasses on the field **MUST** have a retainer strap.
6. Kneepads are optional.
7. No jewelry may be worn at any time during the game, unless medical alerts, which shall be taped down and shown to the referee prior to game start.
8. Wristbands and headbands must be worn on the wrist or on the head above the ears.
9. **Referees may ban any equipment that they deem as unsafe or illegal.**
10. Game specifics

Division	Age Group	Ball Size	Participants
U3	2-3	#3	5 v 5
U5	4-5	#3	5 v 5
U7	6-7	#3	6 v 6
U9	7-9	#4	8 v 8
U11	9-11	#4	9 v 9
U13	12-13	#5	9 v 9
U17	12-17	#5	11 v 11

## ***Ejections***

1. If any *player, coach, parent, or sponsor* is ejected from any league game they must leave the field area and may not return for a minimum of one (1) game to a maximum of removal from

the league indefinitely. Determination of suspension length will be made by the FC Belton Board.

2. If there is ANY fighting, the *player, coach, parent, or sponsor* will be asked to leave Heritage Park and will not be permitted to return. A minimum of three (3) game suspension to a maximum of removal from the league indefinitely. Determination of suspension length will be made by the FC Belton Board.
3. Coaches will be directly responsible for the conduct of each *player, assistant coach, parents* and *sponsors*. If there is fighting, the coach will receive the same punishment as the player, assistant coach, parents, and sponsors. Fighting will have a minimum of three (3) game suspension to a maximum of removal from the league indefinitely. Determination of suspension length will be made by the FC Belton Board.
4. Any player, *coach, parent, or sponsor* that is under suspension will not be allowed on the team's sideline during games.
5. Any suspension/ejection that occurs will have the possibility to carry over into the next season of play.
6. If the FC Belton Board determines at any time that suspension from play is for the remainder of the season, there will NOT be a refund reward to the individual.

## ***FC Belton Rules and Conduct***

1. There will be no smoking, vaping, drugs, or alcohol by players, coaches, or spectators. Spectators are only allowed to smoke or vape in the parking lot or personal vehicles.
2. There will be no coaching by anyone behind the goal area to include parents, coaches, siblings, or spectators. Violations of this rule may result in game forfeiture or removal from the field by offending individuals.
3. There will be no disciplinary action, such as extra running, push-ups, etc., at any time. All disciplinary action will be determined by the child's parent(s). Conditioning drills are not considered disciplinary action.
4. Coaches and assistant(s) will not question any judgment call made by the official(s) during or after the game.
5. The head coach is responsible for the conduct of his/her team, Assistant coach(s), parents and spectators.
6. Practice times, dates and locations are to be determined by the individual coach, not FC Belton.
7. There will be no spectating, sitting, standing, or congregating near any goal lines of any fields.
8. There will be no spectating, sitting, standing, or congregating under the Oak tree near the U11 Boys and Girls field, fields 11 & 12. Watching from your vehicle is permitted but there will be no noise from the vehicle.
9. If you have a sponsored team, you MUST get a team picture. You must set your own schedule/time with the photographer.



## ***How To Become A Coach For FC Belton***

- ❖ Register online at FCBelton.com
- ❖ Complete and pass a background check *YEARLY*
- ❖ Attend training sessions offered by FC Belton
- ❖ Attend coaches' meeting
- ❖ Remain with the team for the duration of the season
- ❖ Turn in any borrowed equipment at the end of season to any FC Belton Board members

## ***Code Of Conduct***

### **In the spirit of sportsmanship, participants shall:**

Conduct themselves in a manner that represents FC Belton with honor, dignity, and respect. Always demonstrate the qualities of civility and sportsmanship. Not use vulgar, abusive, racist, sexist, demeaning, or intimidating language at any time. Support the players, coaches, and officials in a positive manner. Always treat the visiting team coaches and fans with courtesy and respect. Not engage in cheers that are vulgar, crass, or demeaning. Refrain from throwing objects for any reason. Not become inebriated or belligerent. Refrain from entering playing and team areas at any time, including after the game.

If you have any questions, feel free to contact the chain of command in this order:

Director for your division

U3-U5: [u4-u6director2@fcbelton.com](mailto:u4-u6director2@fcbelton.com)

U7-U9: [u7-u8director@fcbelton.com](mailto:u7-u8director@fcbelton.com)

U11: [u10director@fcbelton.com](mailto:u10director@fcbelton.com)

U13: [president@fcbelton.com](mailto:president@fcbelton.com)

U17: [exectutivedirector1@fcbelton.com](mailto:exectutivedirector1@fcbelton.com)

CNS: [cns@fcbelton@fcbelton.com](mailto:cns@fcbelton@fcbelton.com)

Executive director- [executivedirector1@fcbelton.com](mailto:executivedirector1@fcbelton.com);

[executivedirector2@fcbelton.com](mailto:executivedirector2@fcbelton.com)

Coaching Coordinator- [coachingcoordinator@fcbelton.com](mailto:coachingcoordinator@fcbelton.com)

President- [president@fcbelton.com](mailto:president@fcbelton.com)